

Office of Consumer and Family Affairs
Mental Health Substance Abuse Division
Virginia Beach Department of Human Services

2010 Family Education Schedule

MESA Family Workshops

(education for family members of people who have mental illness)

Call 385-0802 to register.

February 3rd – April 14th

August 4th – October 20th

NAMI Basics

(education for parents of children who have mental illness)

Call 385-0802 to register.

February 18th – March 25th

Friends and Family Education

(education for friends and family members of people who have substance addiction)

Call 385-0800 to register.

January 12th – February 16th

April 6th – May 11th

July 6th – August 10th

October 5th – November 9th